

**CVX Training Series, Week 11**  
**Bellville to Chappell Hill**  
**March 20, 2010**

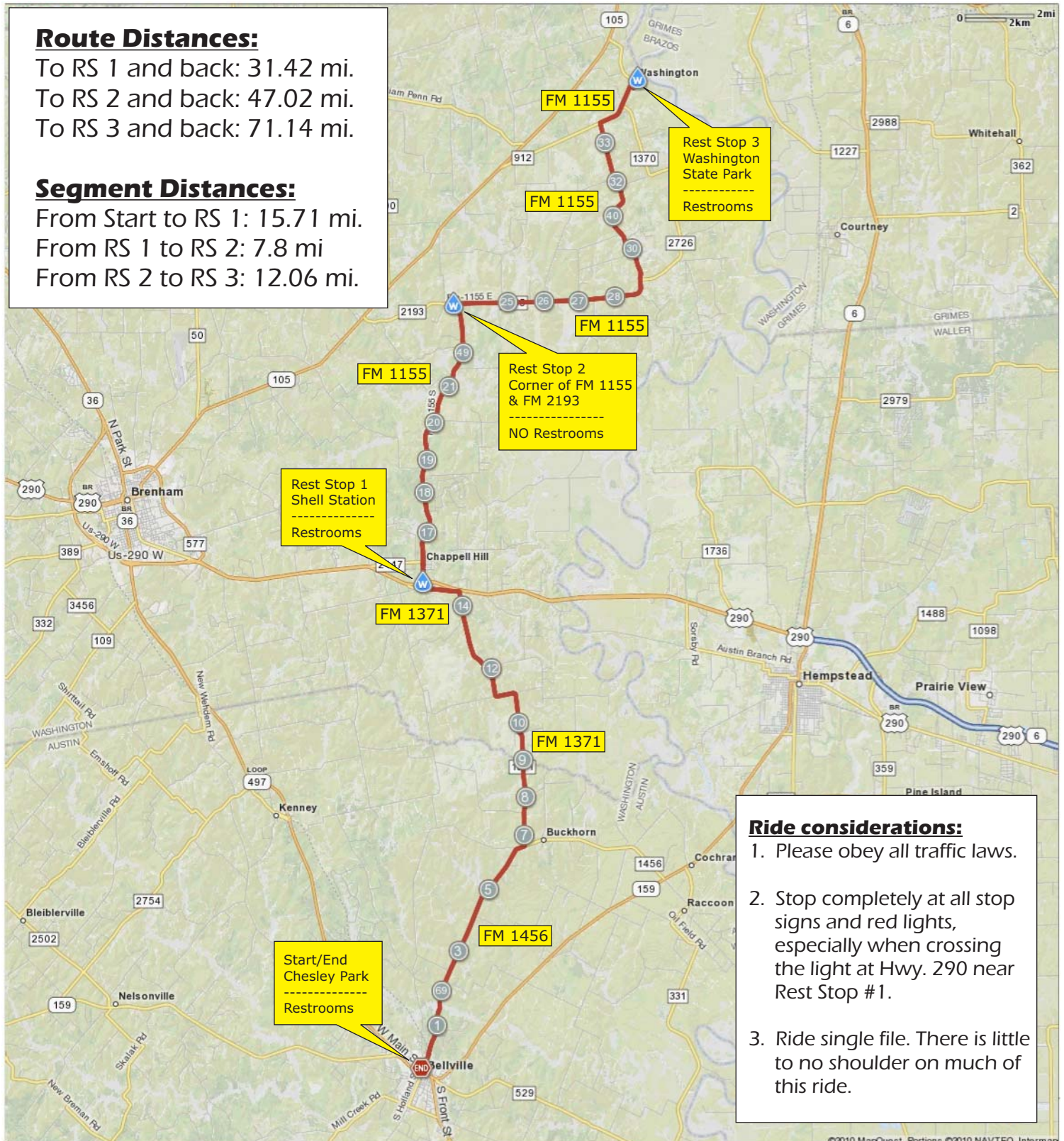
**SAG Contact: Joe Khalaf**  
**Primary: (713) 443-7965**  
**Secondary: (281) 513-2590**

**Route Distances:**

To RS 1 and back: 31.42 mi.  
To RS 2 and back: 47.02 mi.  
To RS 3 and back: 71.14 mi.

**Segment Distances:**

From Start to RS 1: 15.71 mi.  
From RS 1 to RS 2: 7.8 mi.  
From RS 2 to RS 3: 12.06 mi.



**Ride considerations:**

1. Please obey all traffic laws.
2. Stop completely at all stop signs and red lights, especially when crossing the light at Hwy. 290 near Rest Stop # 1.
3. Ride single file. There is little to no shoulder on much of this ride.